

CAUTION

TICK HABITAT

Ticks have been found in this park and are part of the natural environment. Some ticks carry Lyme disease and other diseases that are a health risk to people and their pets. These diseases may be transmitted to humans who are bitten by infected ticks.

To help prevent tick bites or carrying ticks into your home:

- Wear light-colored clothing, long pants and long-sleeved shirts.
- Tuck your pants into your socks to keep ticks away from your skin.
- Use repellents like picaridin, DEET or permethrin; follow label instructions carefully.
- Stay on trails; avoid thick vegetation and leaf litter.
- Check for ticks frequently, especially at body folds, behind the ears, and in the hair; remove ticks promptly and carefully. Parents should check children; ticks can be as small as a poppy seed.
- Shower within two hours of coming indoors to prevent ticks from attaching.

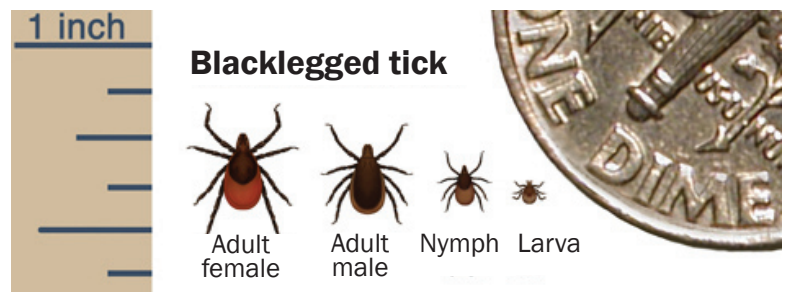
Dogs can develop tick-borne diseases and bring ticks into the home. Take these precautions to protect pets:

- Walk dogs on trails or in well-mowed areas.
- Inspect dogs for ticks and if any are found, remove them promptly and carefully.
- Talk to your veterinarian about tick control products and follow product instructions.
- If your pet becomes ill, tell your veterinarian about recent tick exposure and have your pet examined.

Prompt removal of attached ticks is extremely important. Ticks are more likely to transmit disease the longer they are attached. If high fever, flu-like symptoms and/or rash develop following a tick bite, see a doctor immediately.

Questions about tick-borne diseases?

Visit www.cdc.gov/ticks or call the Lake County General Health District at 440-350-2543.



courtesy of Centers for Disease Control and Prevention

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