

# ADAPTED PROGRAMMING

These activities are modified to fit the needs and skills of people with physical, sensory or developmental disabilities. Early registration is encouraged to meet minimum enrollment requirements.

## Access Statement

Lake Metroparks adapted programming provides high-quality recreational activities designed to meet the needs and interests of individuals with disabilities in specialized environments. Our programs are intended to develop leisure skills and enhance socialization. In addition, adapted programming promotes participation in general (inclusive) recreation programs through advocacy and support services.

## Volunteers Needed

Lake Metroparks Recreation Department strives to include participants with disabilities in our programs and special events, and we need your help. Volunteers will be matched with a participant who needs assistance. All that is required is a small time commitment, patience, and lots of enthusiasm. Learn a new skill and make a friend, or simply share a leisure activity. For more information contact Jim Meadows at (440) 585-3041 or jmeadows@lakemetroparks.com.

## ARTS & CRAFTS

### Intro to Acting

**Ages 12 and older, Fee: \$40**

Learn the basics of acting through improv, theatre games, use of props, skits and a short play. Parents and families are invited to a performance on the final day of class. Program consists of 4 sessions.

Instructor: Bonnie St. John, min 8, max 10

Tuesday, March 25, 2008, 6:30 to 7:30 p.m., LL

### Painting Picassos

**Ages 4 to 10, Fee: \$4**

Grab a paintbrush and assorted supplies to make creative works of art while getting messy and having fun at scenic Lakefront Lodge.

Instructor: Kellie Reinhard, min 6, max 12

Saturday, May 10, 2008, 12 to 1 p.m., LL

## DANCING

### St. Patrick's Dance

**Ages 13 and older, Fee: \$5**

Calling all Irish! Wear your green and join us for our annual dance at the new Outdoor Skills Center in Leroy Township. Music by C.R. Entertainment.

Instructor: Jim Meadows, min 25, max 75

Sunday, March 16, 2008, 1 to 4 p.m., OS-LODGE

### Music & Movement

**Ages 4 to 10, Fee: \$4**

Sign up for this fun youth adapted recreation program that teaches motor development, coordination and rhythm while dancing to lively music.

Instructor: Kellie Reinhard, min 8, max 15

Saturday, April 12, 2008, 12 to 1 p.m., PT-CC

### Spring Formal

**Ages 14 and older, Fee: \$25**

Join us for an evening of elegance. Enjoy dinner, dancing and music provided by C.R. Entertainment. Chaperones pay discounted fee of \$22.00 for dinner.

**Deadline to register is April 22.**

Instructor: Jim Meadows, min 25, max 75

Sunday, April 27, 2008, 5:30 to 8:30 p.m., PR

### Dancing with the Stars

**Ages 14 to 22, Fee: \$18**

Dance with the stars! Enjoy dinner at 6:30 pm and dancing until 10 pm at the Kirtland Community Center. When registering let us know your dancing partner for seating arrangements. **Registration deadline is April 25.**

Instructor: Ruth Hobart, min 25, max 100

Friday, May 2, 2008, 6 to 10 p.m., Kirtland Community Center

## FARM & GARDEN

### Adapted Drive a Mini Horse

**Ages 8 and older, Fee: \$12**

Come to Farmpark and meet our stable of horses. Learn how to groom, harness and drive a miniature horse inside the riding arena. Program designed for children and young adults with disabilities.

Instructor: Susan Townsend, min 6, max 8

Saturday, April 19, 2008, 10 to 11:30 a.m., FP

## JUST FOR FUN

### More than S'mores

**Ages 12 and older, Fee: \$3**

Join us for an early spring hike at dusk as we discover the changes all around us. After our walk, we'll enjoy a roaring campfire complete with s'mores and hot chocolate.

Instructor: Jim Meadows, min 8, max 25

Thursday, March 13, 2008, 6:30 to 7:30 p.m., VP

### Karaoke Pizza Party

**Ages 12 and older, Fee: \$5**

Let's hear your beautiful voice at our Friday night Karaoke Party. We will eat pizza and have fun dancing to each others' performances.

Instructor: Kellie Reinhard, min 8, max 25

Friday, April 11, 2008, 6 to 8 p.m., LL

### Dinner and a Movie

**Ages 14 and older, Fee: \$20**

Meet at Max & Erma's for dinner, then we'll head to an exciting movie at Atlas Great Lakes Stadium 16.

Instructor: Jim Meadows, min 6, max 10

Wednesday, May 7, 2008, 5:30 to 9 p.m., Max & Erma's

## SPORTS AND ADVENTURE

### Special Olympics Track & Field

**Ages 8 and older, Fee: \$25**

Join our Special Olympics team for a season of fun. Program is designed to foster teamwork, sportsmanship, self-confidence and meet individual needs. Wear comfortable clothing and tennis shoes; meets 8 sessions.

Instructor: Jim Meadows, min 10, max 30

Thursday, April 10, 2008, 6 to 7 p.m., Mentor High School track

### Bowling Party

**Ages 8 and older, Fee: \$10**

Join your friends at a fun bowling party at Freeway Lanes of Wickliffe. We'll bowl two games then enjoy a pizza party and awards.

Instructor: Jim Meadows, min 10, max 32

Monday, March 24, 2008, 4:30 to 6:30 p.m., Freeway Lanes

### Adapted Kickboxing

**Ages 8 and older, Fee: \$16**

Come join this great workout full of movement and self-defense techniques. You'll gain confidence, coordination and awareness of your surroundings.

Meets 4 sessions.

Instructor: Kellie Reinhard, min 6, max 18

Monday, March 31, 2008, 6 to 7 p.m., Broadmoor School

### Fantastic Fishing

**Ages 3 and older, Fee: \$3, each additional sibling \$2**

Learn fishing basics as we try to catch bluegill and largemouth bass.

Equipment and bait provided or you may bring your own. Program designed for individuals with disabilities.

Instructor: Jim Meadows, min 8, max 25

Tuesday, April 29, 2008, 6 to 7:30 p.m., OS-LODGE

Tuesday, May 20, 2008, 6 to 7:30 p.m., VP



Lake Metroparks – *More Than a Walk in the Park*