

ADULTS

JUST FOR FUN

The New Farmers' Market

Wednesdays June 14 through October 11, 3 to 7 pm
at Lake Metroparks Farmpark

Farm fresh produce, plants, bakery and more! Market located in the Farmpark parking lot.

New!

Mommy Expo

For mothers, grandmothers and mothers-to-be!

Sat, Sep 9, 9 am to 4 pm at Farmpark

Exhibitors and vendors, presentations and demonstrations, health care information, financial planning tips and more. Includes all Farmpark's daily activities. Regular Farmpark admission applies; Farmpark members free. For information call (440) 256-2122 or 1-800-366-FARM (3276).

Mystery Photo Trip

Ages 18 and older

One 6-hour session, Fee: \$25

Wanted: adventurous photographers! We'll travel by bus to mysterious locations. Bring your camera, a bagged lunch, dress for the weather and be prepared to do some hiking.

Instructor: Wendy Pittenger, min 10, max 20

Starts	Time	Place	Code
Sat, Oct 14	9 am	PG-NC	3901-3

From Harness to Hitch

Ages 18 and older

One 2-hour session, Fee: \$12 (includes all day Farmpark admission)

Put on your boots and come see what it's like to get a team of horses ready to drive. Everyone will learn to harness, line drive and finally drive our show wagon.

Instructor: Rick LeMaster, min 6, max 12

Starts	Time	Place	Code
Sat, Oct 21	10 am	FP	5201-3
Sun, Nov 12	noon	FP	5202-3

Lake Metroparks Explorers

Ages 18 and older

One 2-hour session, Fee: \$8 per person, \$15 per couple

Explore, uncover and experience some of Lake County's hidden treasures. We will venture to areas very few have gone. Excellent photo opportunities along with food at the end of our journey.

Instructor: Brian Davidson and Recreation Staff, min 8, max 20

Starts	Time	Place	Program	Code
Sat, Nov 11	11 am	IP	GPS Hike	6902-3
Sat, Nov 25	11 am	HH	Waterfall	6903-3

Wool and Drop Spindles

Ages 16 and older

One 2-hour session

Fee: \$8 (includes all day Farmpark admission)

Looking for a new hobby or just curious about wool and spinning? Learn about sheep breeds, cleaning a fleece and how to spin yarn using a drop spindle and spinning wheel.

Instructor: Donnie Malinas, min 3, max 10

Starts	Time	Place	Code
Sat, Nov 4	1 pm	FP	5203-3

DANCING

Painesville Township Park Dance Schedule

Adults 18 and older, Fee: \$6 at the door

Enjoy traditional ballroom dancing most Saturday evenings, and country dancing the second and fourth Fridays of each month at the Painesville Township Park Community Center. Call (440) 354-3885 for current schedule and upcoming bands.

Ballroom Dancing

Saturday evenings (call for a schedule)

Doors open 7 pm; band plays 7:30 to 10:30 pm

Country Dancing

Friday evenings (call for a schedule)

Doors open 7:30 pm; live or recorded music from 8:30 to 11:30 pm

NATURE

Starbucks Saturday Morning Caffeine Hikers

Ages 18 and older

Weekly 2-hour sessions, Fee: \$10

Get fun, exercise and nature every Saturday with a 5-mile fast hike at Penitentiary Glen, Chapin Forest, or Girdled Road Reservation, warmed up by Starbucks coffee. Schedule to be mailed.

Instructor: Naturalist Staff, min 4, max 30

Starts	Time	Place	Code
Sat, Sep 2	8 am	CF-TWIN	3722-3



North Coast Odonata Survey

Ages 14 and older

One 2-hour session, FREE

Volunteers across the Great Lakes Region are contributing to this dragonfly and damselfly survey. Join us in this regional survey of these important insects. No experience needed.

Instructor: Susan Wiedmann, min 5, max 15

Starts	Time	Place	Code
Sat, Sep 2	2 pm	HV-NORTH	3701-3
Sun, Oct 8	3 pm	HW	3702-3

Ferns of Chapin Forest

Ages 16 and older

One 2-hour session, Fee: \$5

Familiarize yourself with ferns – you'll know about the five most common ferns and what makes them special at the end of this nature study program. You'll receive a short, basic field guide just for participating.

Instructor: Chris Worrell, min 5, max 20

Starts	Time	Place	Code
Sun, Sep 3	1 pm	CF-TWIN	3703-3

Wings of the Island Day Trip

Ages 18 and older

One all-day session, Fee: \$69

Explore the unique habitats of Kelley's Island for migrating birds and enjoy monarch tagging at the annual Butterfly Festival. Fee includes transportation, ferry boat ride, snacks and naturalist guides.

Instructors: Pat Morse and Susan Wiedmann, min 8, max 9

Starts	Time	Place	Code
Sat, Sep 9	7 am	PG-NC	3802-3



Allegheny Backpacking Adventure

Ages 16 and older (younger than 18 with an adult)

One 2-day trip and one pre-planning meeting, Fee: \$45

Drive (map provided) to the Allegheny National Forest for a backpacking overnight. Participants must be able to hike about 5 to 10 miles a day with a 30 to 40-pound backpack.

Instructor: Andy Avram, min 8, max 10

Starts	Time	Place	Code
Sat, Sep 16	Noon	Allegheny National Forest	3808-3

Know the Mushrooms

Ages 16 and older

One 4-hour session, FREE

Learn mushrooms with experts from the Ohio Mushroom Society. Practice finding mushrooms outdoors, then return to the lodge for an indoor program and identification session.

Instructor: Jerry Pepera, Ohio Mushroom Society President, min 5, max 35

Starts	Time	Place	Code
Sat, Sep 30	1 pm	CF-WEST	3704-3

Grand River Autumn Canoe Sampler

Ages 18 and older

One 2-hour session, Fee: \$35 per canoe

This short canoe journey begins and ends at the Harpersfield Dam. We will paddle the quiet waters above the dam to enjoy the fall colors and wildlife. All equipment included.

Instructor: Naturalist Staff, min 4 canoes, max 9 canoes

Starts	Time	Place	Code
Sun, Oct 15	9 am	Harpersfield Dam	3826-3
Sun, Oct 15	1 pm	Harpersfield Dam	3827-3

ADULTS

Serenity Ledgerrock Hike

Adults

One 2 1/2-hour session, FREE

Pre-registration is required.

Greet fall with a walk at the ledges – a place of antiquity and beauty. This is a chance to explore off-trail, as hiking here is permitted only with a guide.

Instructor: Volunteer Guides, min 10, max 25

Starts	Time	Place	Code
Sun, Oct 22	1:30 pm	CF-LEDGE	3732-3

Wine and Cheese Nature Walk

Ages 21 and older, proof of age required

One 3-hour session, Fee: \$15

Enjoy nature and afterward relax with wine and cheese. Walk the creek with wet feet, watch fall color on a 2-mile hike, or stay close to the cabin to look for animal tracks.

Instructor: Naturalist Staff, min 8, max 25

Starts	Time	Theme	Place	Code
Sun, Sep 17	3 pm	Creek Walk	HR-WEST	3786-3
Fri, Oct 6	5 pm	Fall Color	HR-WEST	3787-3
Sat, Nov 18	3 pm	Animal Tracks	HV-NORTH	3788-3

Cuyahoga Valley Day Hike

Ages 16 and older (younger than 18 with an adult)

One 5-hour session, Fee: \$3

Join us for a 10-mile hike through the Cuyahoga Valley. Enjoy scenic waterfalls, sections of the Ohio and Erie Canal and the Buckeye Trail, rugged hills, and historic Boston Mills. Bring along a lunch. Directions provided.

Instructor: Chris Worrell, min 6, max 16

Starts	Time	Place	Code
Sun, Oct 22	9 am	Boston Store	3705-3

A Deer Tale

Ages 12 and older (younger than 16 with an adult)

One 90-minute session, FREE

Before winter can get an icy hold on the land the familiar white-tailed deer enter the breeding season, called "the rut." We will explore the park for deer and their sign.

Instructor: Naturalist Staff, min 8, max 20

Starts	Time	Place	Code
Sun, Nov 19	4 pm	CP-EAST	3706-3

BIRDWATCHING

Weekday Fall Bird Walks

Ages 10 and older (younger than 16 with an adult)

One 2-hour session, FREE

Several Lake Metroparks are located along major migration corridors and have histories of spectacular migration days. Join us for these weekday morning birding adventures.

Instructor: Naturalist Staff, min 5, max 30

Starts	Time	Place	Code
Wed, Sep 6	8 am	CP-EAST	3754-3
Wed, Sep 20	8 am	GR-SOUTH	3755-3
Wed, Oct 4	9 am	CP-EAST	3756-3
Wed, Oct 18	9 am	GR-SOUTH	3757-3
Wed, Nov 1	9 am	LS-WEST	3758-3
Wed, Nov 15	9 am	VP	3759-3

Birdwatching Classes

Ages 12 and older (younger than 16 with an adult)

One 2-hour session, Fee: \$5

Be ready for the fall bird migration with these indoor classes on identification, use of binoculars and field guides, and tips on where to see hawks and waterfowl this fall.

Instructors: Pat Morse, min 8, max 20

Starts	Time	Topic	Place	Code
Tue, Sep 12	7 pm	Hawks	PG-NC	3903-3
Tue, Oct 17	7 pm	Waterfowl	PG-NC	3904-3

Hawk Mountain Eco-trip

Ages 21 and older

One 4-day trip, Fee: \$TBA

Experience the incredible fall hawk migration at Hawk Mountain Sanctuary in Pennsylvania! Fee includes transportation by rental van, overnight accommodations, some meals and expert birding guides.

Instructors: Pat Morse and Ann Bugada, min 6, max 8

Starts	Time	Place	Code
Fri, Oct 6	7 am	PG-NC	3801-3

Birding Chase Day

Ages 18 and older

One all-day session, Fee: \$40

This "chase day" will take us where the winds of uncommon bird sightings lead us. Bring a sack lunch, beverage, binoculars and money for dinner.

Travel by 25-passenger bus. We'll return around 8 pm.

Instructors: Dan Donaldson and Pat Morse, min 10, max 20

Starts	Time	Place	Code
Sat, Oct 14	8 am	PG-NC	3803-3

Winter Feeder Birds

Ages 12 and older (younger than 16 with an adult)

One 90-minute session, Fee: \$5

Learn all about your winter feathered backyard visitors! Program covers bird feeders, types of feed, and identification tips for the top ten winter backyard birds. Bring binoculars if you have them.

Instructor: Pat Morse, min 8, max 20

Starts	Time	Place	Code
Sat, Nov 11	2 pm	PG-WC	3710-3

Fall Migration in Ashtabula County

Ages 18 and older

One all-day session, Fee: \$40

The Lake Erie shoreline, Pymatuning Reservoir and Mosquito Lake are great places to see waterfowl and other migrants. Bring a sack lunch and binoculars. Travel by 25-passenger bus. We'll return around 6 pm.

Instructors: Dan Donaldson and Pat Morse, min 8, max 20

Starts	Time	Place	Code
Sun, Nov 12	8 am	PG-NC	3807-3

PLAN AHEAD!

Costa Rica Coast to Coast

Pristine tropical forests, parrots, monkeys, wild orchids, butterflies... if this sounds like paradise to you, join Lake Metroparks in the rainforests of Costa Rica for a 10-day eco-trip in early 2007. Stay tuned to *Parks Plus!* for more information, or contact Ann Bugada, Chief of Interpretive Services, at (440) 256-1404 or abugeda@lakemetroparks.com.

The Gathering of Cranes Eco-trip

March 2007

One 4-day trip, Fee TBA

Explore the Platte River in Nebraska, a staging area for hundreds of thousands of sandhill cranes on their migration north. Naturalists Pat Morse and Bob Faber will meet you at the Lincoln, NE airport, then travel by van to enjoy this once-in-a-lifetime phenomenon. For more information, contact Pat Morse at (440) 256-1404 or pmorse@lakemetroparks.com.

TEACHER WORKSHOPS

ATTENTION TEACHERS!

Bring your class to Lake Metroparks or invite us to your classroom! Programs are available year-round for students in Preschool through Grade 12. Many fill quickly, so plan ahead!

Visit www.lakemetroparks.com for information or call (440) 256-2122 to request an Education Programs brochure.

Food, Land and People

All grade level teachers

Two 6-hour sessions, Fee: \$190 (one graduate credit), (\$140 non-credit)

Meets Fri, Sep 22, 5 to 9 pm and Sat, Sep 23, 9 am to 4 pm

Use inquiry science and real life scenarios to engage students in contemporary topics about the environment, agriculture and nutrition.

The Food, Land and People curriculum (copy provided) is based on national and state academic standards in science, social studies and math. Additional materials required (fee: \$45).

Instructor: Ray Patacca, min 10, max 25

Starts	Time	Place
Fri, Sep 22	5 pm	

To register call Lake Erie College at (440) 375-7168.

See next page for NEOEA Day Workshops!

NEOEA DAY

CPR/AED for Schools and Communities

One 6-hour session, Fee: \$27 NEOEA member; \$37 non-member

Increase classroom safety: become Red Cross certified in adult, child and infant CPR. You will also be certified in the use of an AED (Automatic External Defibrillator). Fee includes instruction book, skill cards, certification cards and lunch.

Instructor: Mary Madeja, min 5, max 12

Starts	Time	Place	Code
Fri, Oct 13	8:30 am	PG-WC	3711-3

Listed in *NEOEA News and Views*. NEOEA Certificate of Participation provided.

Rock & Stroll: Earth Science for Educators

One 6 1/2-hour session, Fee: \$25 NEOEA member; \$35 non-member

Increase your knowledge and learn innovative techniques designed to enhance your students' understanding of the earth science standards. Highlights include our Star Lab Planetarium and a hike through the gorge. Sturdy footwear is a must. Fee includes lunch.

Instructor: Children's Schoolhouse Staff, min 10, max 20

Starts	Time	Place	Code
Fri, Oct 13	8 am	PG-NC	3285-3

Listed in *NEOEA News and Views*. NEOEA Certificate of Participation provided.

Animals and People

One six-hour session, Fee: \$18 NEOEA member, \$28 non-member

Explore animal breeds, domestication, and conservation. Discover classroom activities about animals and their products. We'll bring the farm to your classroom to meet K through 8th grade science, math, and social studies standards.

Instructor: Ray Patacca, min 10, max 25

Starts	Time	Place	Code
Fri., Oct 13	9 am	FP	5256-3

SPORTS & ADVENTURE

Citizens for Lake Metroparks GOLF CLASSIC

Monday, August 28
Pine Ridge Country Club
11 am shotgun start
18-hole, 4-person scramble
Call (440) 954-4295 to register!



Stroller Strength

Adults with a child in stroller

One 1-hour session, Fee: \$5

Come join us on these social hours of walking, stretching and group exercise with your young ones.

Instructor: Bill Plessinger, min 10, max 30

Starts	Time	Place	Code
Wed, Sep 6	9 am	CP	6917-3
Wed, Sep 13	9 am	CF	6918-3
Wed, Sep 20	9 am	VP	6919-3
Wed, Sep 27	9 am	PG	6920-3

Health with Your Pets

Ages 16 and older

One 60-minute session, \$1 per dog

Exercise and socialize with your dog! Refreshments and doggie treats provided afterwards.

Instructor: Bill Plessinger, min 10, max 30

Starts	Time	Place	Program	Code
Sat, Sep 9	9 am	CF	5K social run	6910-3
Sat, Sep 9	10 am	CF	2-mile walk	6911-3

New!  7,000

New!  15,000

BICYCLING

ANSI/Snell approved bicycle helmets required on all rides.
If you need a helmet, please reserve one when you register.

FREE RIDES! Earn a free ride by acting as support driver on another ride or by providing a friend or spouse! If you have any questions about bike rides or would like to volunteer your time as a ride assistant or leader, contact Bill Plessinger at (440) 585-2800 or bplessinger@lakemetroparks.com

Le Tour De Parks

Compete in as many "stages" (recreation department programs) as you can to earn a yellow jersey! Choose from sprints (20-mile rides), endurance (25+-mile rides), or mountains (mountain bike rides). Complete 100 miles of venturing to earn your shirt. Contact Bill Plessinger at (440) 585-2800 or bplessinger@lakemetroparks.com for more details.

Countryside Grape Ride

Ages 16 and older

One 4-hour session, Fee: \$15

Spend an autumn morning on your bicycle smelling grapes on the vine, and enjoy a meal at the end. Total mileage is 30 to 40 miles on flat to hilly terrain. Fee includes support vehicle, snacks, and lunch.

Ride Leader: Bill Plessinger, min 10, max 30

Starts	Time	Place	Code
Sun, Sep 10	9 am	Chalet Debonne Winery	6281-3

 10,000

Introductory Mountain Bike Rides

All ages

One 2-hour session, Fee: \$5

These rides, for the beginning mountain biker, travel trails within Lake Metroparks. Includes refreshments. Contact Dave Herpy at (440) 256-3821 or dherpy@lakemetroparks.com for more details, min 5, max 30

Starts	Time	Place	Code
Tue, Sep 12	6:30 pm	HR-NORTH	6286-3

Pedal with Pie Bicycle Ride

Ages 16 and older

One 4-hour session, Fee: \$5 if you bring a pie, \$10 if you don't bring one

Enjoy a bike ride and then try many delicious pies. Who has the best dessert? Total mileage is 20 to 30 miles on flat to hilly terrain and includes support vehicle and pie!

Ride leader: Bill Plessinger, min 10, max 30

Starts	Time	Place	Code
Sun, Sep 24	9 am	CRP	6282-3

 8,000

Atchison Mountain Bike Cleanup

All ages

One 3-hour session, FREE!

Bring your tools for a bike trail cleanup at Hogback Ridge Park, north entrance (formerly the Atchison Property) in Madison. Snacks and extra tools provided. Mountain bike ride follows the cleanup.

Instructor: Dave Herpy, min 5, max 50

Starts	Time	Place	Code
Sun, Nov 19	9 am	HR-NORTH	6287-3

BOATING

Moonlight Paddles 301

Ages 16 and older

One 90-minute session, Fee: \$15 with kayak rental, \$5 without rental

Enjoy kayaking by the light of the moon. We will provide illumination for your boat and yourself. Each trip begins while the sun is in the sky, but will return after the sun has set.

Instructor: Recreation Staff, min 5, max 12 rentals

Starts	Time	Place	Code
Thu, Sep 7	8:30 pm	FH	7232-3

 9,000

Nature Canoe Adventure 301

Ages 12 and older (younger than 18 with adult)

One 4-hour session, Fee: \$20 with canoe rental, \$10 without rental

Explore the state designated wild section of the lower Grand River from Hidden Valley Park to Mason's Landing Park in a canoe. Learn about various wildlife on this 9.4-mile guided tour.

Instructor: Dave Herpy and Naturalist Staff, min 6, max 12

Starts	Time	Place	Code
Sun, Sep 10	1 pm	HV	6912-3

Parents "Time Out" for Boating

Parents and children ages 2 to 6

One 2-hour session, Fee: \$15 boat program, \$5 per child in child watch

Ever wanted to try our boating programs, but you always have the kids? While you're on the water, your child is in a structured child watch program at the beach.

Instructor: Marie Kozan, min 4, max 10

Starts	Time	Place	Boat	Code
Wed, Sep 13	9 am	FH	Kayak	7031-2

Paddle the Parks 301

Paddle through our various parks along the Grand River and shoreline of Lake Erie, section by section. The paddle series began below the Harpersfield Dam in April and ends at Arcola Creek Park in September. Paddle five of six sections and receive a shirt. Contact Dave Herpy at (440) 256-3821 or dherpy@lakemetroparks.com for details.

Paddle the Parks 301: Section 6

Ages 12 and older (younger than 18 with adult)

One 3-hour session, Fee: \$20 with boat rental, \$10 without boat rental

The last section in our Paddle the Parks series. Section 6 begins at Lakeshore Reservation and ends at Arcola Creek Park. This section is suitable for kayaks only, preferably sea kayaks.

Instructor: Dave Herpy, min 6, max 12

Starts	Time	Place	Code
Sat, Sep 16	9 am	LS	6290-3

Ohio Boater Education Course

Adults and children ages 12 and older

Two 4-hour sessions, Fee: \$15

Complete this course to comply with the new Ohio Boater Education law; course also satisfies other states' boater education requirements for Ohio boaters operating in and out of state.

Instructor: Brian Davidson, min 12, max 20

Starts	Time	Place	Code
Mon, Sep 18 & 25	6 pm	LL	6937-3
Mon, Nov 20 & 27	6 pm	LL	6938-3

FLY FISHING **New!**

Basic Fly Fishing for Steelhead

Ages 12 and older

One 4-hour session, Fee: \$50

Learn concepts of catching Great Lakes steelhead on flies. Learn proper equipment, rigging, flies, reading water, with focus on dead-drift fly presentation. Receive Steelheading Made Simple DVD.

Instructor: Jerry Darkes, Angling Consulting Services, min 8, max 50

Starts	Time	Place	Code
Sat, Sep 9	8 am	LL	2004-2

Intermediate Spey Casting

Ages 12 and older

One 7-hour session, Fee: \$125

Move beyond basics to advanced rigging techniques; learn variety of Spey/Skagit style casts for Great Lakes waters. Use own outfit to learn on, with variety of equipment available for trial.

Instructor: Will Turek, Angling Consulting Services, min 4, max 8

Starts	Time	Place	Code
Sat, Sep 9	9 am	HW	2003-2

Tying Simple Steelhead Flies

Ages 12 and older

One 4-hour session, Fee: \$50

Learn to tie basic fly patterns for steelhead! Session covers six effective, simple-to-tie egg, nymph and streamer patterns, and demonstrates variations and ways to fish them. Bring fly-tying vise and tools – hooks and materials provided.

Instructor: Jerry Darkes, Angling Consulting Services, min 5, max 10

Starts	Time	Place	Code
Sat, Sep 9	1 pm	LL	2005-2

Advanced Steelhead Flies

Ages 12 and older

One 6-hour session, Fee: \$100

Learn to tie cutting-edge patterns and improve your steelheading success! Innovative patterns, traditional Spey styles, rigging and fishing tips discussed. Bring vise and tools; hooks and materials provided. Must have previous tying experience.

Instructor: Jerry Darkes, min 5, max 10

Starts	Time	Place	Code
Sat, Sep 30	10 am	CF-WEST	2002-3

Advanced Rigging for Steelhead

Ages 16 and older

One 6 to 8-hour session, Fee: \$100

Learn rigging techniques that let you fish for steelhead anywhere. Several indicator set-ups will be shown along with sink-tip and interchangeable-tip Spey line designs. Materials to construct an interchangeable sinking tip provided.

Instructor: Will Turek, min 5, max 10

Starts	Time	Place	Code
Sat, Oct 7	10 am	HV-NORTH	2005-3

Michigan Odyssey

Ages 21 and older (younger than 21 accompanied by adult)

Two full days guided fishing, Fee: \$500

Float Michigan's scenic Muskegon River for salmon, trout, and steelhead. Enjoy fall colors and guided fly fishing. Includes two days floating, lodging, on-water lunch, and equipment (if needed). Transportation on your own; map provided.

Hosted by Jerry Darkes or Will Turek, min 2, max 8

Starts	Time	Place	Code
Mon, Oct 16	8 am	Newago, MI	2001-3

Basic Saltwater Flies

Ages 12 and older

One 4-hour session, Fee: \$50

Planning a saltwater trip? Learn simple-to-tie patterns and proper tackle for a variety of saltwater fish! Bring a vise and tools; hooks and materials provided. Basic fly tying experience useful.

Instructor: Jerry Darkes, min 6, max 12

Starts	Time	Place	Code
Sat, Nov 4	9 am	CF-WEST	2003-3

Gearing Up for Saltwater

Ages 16 and older

One 4-hour session, Fee: \$50

Planning a saltwater adventure? Learn what equipment is needed to make your trip a success. Proper line weights, leaders, flies, leader designs, knots, and rigging will be discussed.

Instructor: Jerry Darkes, min 6, max. 20

Starts	Time	Place	Code
Sat, Nov 18	10 am	HR-WEST	2004-3

PLAN AHEAD!

Crooked Island Bahamas Bonefish Trip

March 2007 (7 days, 6 nights), Fee: TBA

Travel to remote Crooked Island, one of the least populated and most varied fishing destinations in the Bahamas. Enjoy superb, guided fly fishing for bonefish, permit, and a variety of other saltwater species.

Great snorkeling, diving, and offshore fishing available. All-inclusive package with air-conditioned beachfront cottages. Hosted by Jerry Darkes, Will Turek, or Steve Madewell; call Jerry Darkes at (440) 846-8864 for details.

WOMEN'S PROGRAMS

WOMANVENTURE

Women learn new skills and take risks in an environment of teamwork and camaraderie. Naturalist-led programs focus on nature and outdoor recreation.



WomanVenture: Horseback Riding Weekend

Women ages 18 and older
One 3-day session, Fee: \$265

Escape to Hickory Creek Ranch for trail riding through the Pennsylvania forests. Fee includes overnight cabins, two breakfasts, steak dinner, transportation, trail riding and naturalist guide. Registration deadline: Aug 26.
Instructor: Mary Madeja, min 6, max 8

Starts	Time	Place	Code
Fri, Sep 29	5 pm	PG-NC	3780-3

WomanVenture: Day Hike

Women ages 16 and older
One 3 to 4-hour session, FREE

Experience an autumn afternoon in the hills, valleys, creeks and ponds of Girdled Road Reservation. Bring water and a sack lunch for this all day nature excursion in our largest park.
Instructor: Marilyn Levand, min 6, max 15

Start	Time	Place	Code
Sun, Oct 8	10 am	GR-SOUTH	3781-3

WomanVenture: Autumn Retreat

Women ages 18 and older
One overnight adventure, Fee: \$20

Escape to a cozy cabin in the woods for a relaxing weekend at the most colorful time of year. Bring a sleeping bag and money for dinner at a local restaurant. We'll provide breakfast, a nature hike and lots of fun!
Instructor: Pat Morse, min 6, max 8

Starts	Time	Place	Code
Sat, Oct 28	4 pm	HV-NORTH	3782-3

WomanVenture: Autumn Centerpiece

Women ages 18 and older
One 90-minute program, Fee: \$5

Create your own gorgeous centerpiece for all your November entertaining or just to enjoy with your own family. All materials provided.
Instructor: Susan Wiedmann, min 5, max 15

Starts	Time	Place	Code
Sat, Nov 4	4 pm	HV-NORTH	3783-3

100 THINGS I WANT TO DO BEFORE I...

Golf with Girls

Women ages 16 and older
One 2 1/2-hour session, Fee: \$20 (includes instruction, cart and greens fees)

This beginner program teaches the fundamentals of golf. Learn how to hold the club, swing and hit the ball. Instruction will be at the driving range and on the course. Clubs available.

Instructor: Marie Kozan, min 4, max 8

Starts	Time	Place	Code
Tue, Sep 12	6 pm	ES	6205-2

Self Defense for Women

Women ages 16 and older
One 90-minute session, Fee: \$15

Every woman should learn to protect herself from possible danger. We'll learn the basics of self-defense and build confidence to protect ourselves when alone. Wear comfortable clothing.

Instructor: Marie Kozan, min 5, max 15

Starts	Time	Place	Code
Wed, Oct 18	6:30 pm	LL	6291-3

Ladies Pie Night Out

Women ages 16 and older
One 2-hour session, Fee: \$10

We will each be making our own 9-inch pie from scratch (yes, from scratch!). Impress your family on Thanksgiving with your homemade pie. While our pies bake, we'll make a craft.

Instructor: Marie Kozan, min 5, max 9

Starts	Time	Place	Code
Fri, Nov 17	6:30 pm	LL	6928-3

Country Cabin Thanksgiving

Women ages 16 and older
One overnight experience, Fee: \$30

We will get ready for the big day by relaxing in a cabin overnight. We will celebrate with a turkey dinner and bake our own pies for the big day.

Instructor: Fran Ward and Recreation Staff, min 5, max 20

Starts	Time	Place	Code
Fri, Nov 10	5 pm	HR-WEST	6929-3

Women's Geocaching

Women ages 16 and older
One 2-hour session, Fee: \$5

Learn the fun of this high tech game. Learn to use a GPS unit and use your new skills to find a cache.

Instructor: Fran Ward, min 5, max 12

Starts	Time	Place	Code
Sun, Nov 19	3 pm	PG-Shelter	6930-3



ADULTS

REDUCE, REUSE, RECYCLE, RESTORE!



Lake Metroparks supports recycling! (See pages NS-1 & NS-8) Please help keep Lake County clean and green –

participate in these "special recycling collections" provided by The Lake County Solid Waste District, the Lake County Commissioners, and the Lake County Department of Utilities. These collections are for Lake County residents only. For more information call (440) 350-2750 or (440) 350-2582.

**Lake County Solid Waste District
Special Recycling Collections
Fall 2006**



**Phone Book Collection
September 22 to
October 27
Wickliffe Coulby Park,
Mentor Wal-Mart and
Madison Giant Eagle**

**Household Hazardous Waste Collection
Saturday, October 7 • 9 am to 3 pm
Lake County Fairgrounds**

- Household cleaners & solvents (thinners, kerosene, turpentine, lighter fluid, strippers)
- Automotive fluids (used motor oil, gasoline, coolants, antifreeze, grease)
- Liquid and/or solid pool, lawn & garden chemicals, pesticides, weed killers, spray insecticides
- Oil-based paints, varnish, shellacs, stains, aerosols, polyurethane, primers, grout
- Batteries (all sizes, including lead acid & household), fluorescent bulbs
- Photography, "hobby" chemicals, mercury, empty propane tanks
- Roofing tars, drive sealers, adhesives

REQUESTED PROGRAMS

CORE: Corporate Outdoor Recreation Experiences

Ages 18 and older

Let us develop a customized program to meet your group's needs. Whether you're focused on accomplishing specific group goals or just want to have fun, we'll create a program for you. Fee determined by activity/program. For more information, contact Dave Herpy at (440) 256-3821 or dherpy@lakemetroparks.com, min 10, max 500.

To request one of the following programs, call (440) 256-2125:

Adopt-an-Animal

Adopt an animal of your choice from the Wildlife Center and help defray some of the daily expenses of animal care, including food, housing and medicine. You'll receive a visit from your adopted animal in return!

Amphibians and Reptiles of Lake Metroparks

A slide show highlights the frogs, toads, turtles and snakes that make Lake County their home.

Backyard Birds

Learn all about your feathered backyard visitors! Program covers bird feeders, types of feed, and identification tips for the top ten backyard birds.

Butterflies and You

Naturalist presented power point program about butterflies. Learn how they survive against the odds and what you can do to help.

Butterfly/Hummingbird Gardening

A slide show highlights flowers that attract butterflies and hummingbirds to your garden.

Down Memory Lane

A slide show highlights the days when the Halle family called Penitentiary Glen their summer home and working farm. A short hike can be included if presented at Penitentiary Glen Nature Center.

Nature Center and Garden Tour

Enjoy a relaxing afternoon discovering art shows, nature exhibits, butterfly gardens and songbirds. Take home a souvenir from The Nature Store. Our friendly staff awaits your arrival!

Scenic Vistas Bus Tours

Discover the beauty and unique stories of Lake Metroparks! Using your bus or Lake Metroparks' 25-passenger bus, treat your group to a seasonal tour of the parks.

Walk About Wildlife (Wildlife Center Tour)

Discover who's who in the Wildlife Yard and learn about wildlife rehabilitation. See some of Ohio's endangered and special interest species. Find out what you can do to help!

Halle's on the Road

Let us bring the nostalgia of Mr. Jingeling and elegant shopping at Cleveland's Halle Bros. Co. to your site. Program includes slide show, Halle's memorabilia, sing along and time for memory sharing. (Nov and Dec only)

Lake Metroparks is the natural place to celebrate a special event!
See page 24 for picnic shelter rental information or call
(440) 256-2139 for event planning assistance.