

LAKE METROPARKS

FARM PARK

Summer



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FARMPARK IS A LAKE METROPARKS FACILITY. Farmpark's mission is to help our urban society understand how farmers raise food, fiber and other products that sustain and enhance human life. *Farmpark Almanac* is published three times a year by Lake Metroparks. This publication is sent free to Farmpark members.

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WE SCREAM FOR ICE CREAM

Ice cream and summer go hand in hand. Farmpark has been demonstrating ice cream making techniques for more than 25 years. Have you ever wondered exactly what goes into Farmpark's ice cream? Check out the secret recipe and technique below and enjoy a fun activity with your family and friends. Enjoy!



EARL LINABURG

Makes
 2, half-cup servings

Materials
 1 plastic container with lid (at least 7 cups/1.6 L)
 2 resealable plastic bags (sandwich or quart)
 1 cup rock salt
 4 cups ice

Ingredients
 ¼ cup sugar
 ½ cup heavy cream
 ½ cup 2% milk
 ¼ teaspoon vanilla extract

Directions
 Pour sugar, heavy cream, milk, and vanilla into the plastic bag and seal completely. Place the bag inside the second plastic bag and seal completely. Fill the container about half-way full with ice and add about half of the rock salt. Place the double-bagged mix inside the container. Add the remaining ice and rock salt on top of the bag. Close the container completely and shake well.

In a short while, the contents of the bag should thicken to the consistency of soft ice cream or yogurt. You may need to add more ice and rock salt to the container after about 5 minutes of shaking. The ice cream should be frozen in 10 to 15 minutes and ready to eat!

Tip: Once the ice cream is frozen, an easy way to remove it from the bag is to cut off one of the bottom corners and squeeze the ice cream out.



Farmpark Ice Cream Basic Recipe for Ice Cream Maker
 If you're fortunate enough to have your own ice cream maker, here is our basic recipe to make different sized batches.

Makes	½ Gallon	1 Gallon	2 Gallons
2% Milk	4 cups	8 cups	14 cups
Heavy Cream	2 cups	4 cups	6 cups
Sugar	1 cup	2 ½ cups	4 cups
Vanilla	½ tablespoon	1 tablespoon	2 tablespoons

Enjoy the Spring and Summer at Farmpark

by Lee Homyock, Farmpark Administrator



Farmpark staff has been busy planning spring and summer seasons full of fun activities and events. In May, Farmpark has a full schedule of events including Shearing Weekend, Horse Fest, and the Spring Showdown Lamb Show. In June, kick off the summer at Farmpark's Railroad in the Park featuring trains, trains, and more trains. July starts off with Farmfest, a free admission day full of demonstrations, live entertainment, food, and beverages. For the first time, Farmpark will host the 51st Annual Historical Engine Society Antique Power Exhibition on July 29-31. The event will feature antique engines, tractors, and other equipment and machinery exhibits, demonstrations, and more. In August, the Vintage Ohio Wine Festival returns on the first weekend,

followed by Sunflower Harvest Weekend August 20-21, and ends with Milk & Honey Weekend the last weekend of August. By the end of summer, the Corn Maze will be ready to open on September 1.

Another exciting development is the construction of a new outdoor riding ring outside the Arena to allow expansion of our equine programs. And don't miss out on the All-America Selections Display Garden as it is in full bloom this summer with the best flowers and vegetables that you can grow at home.

We look forward to seeing you this spring and summer!

EARL LINABURG

Oh Deer

by Valerie F. Reinhardt, Horticulture Manager



BRENDA TRAFFIS

There is nothing more disappointing than going out to the garden to find your prized daylily chomped. Bambi has been at it again! What should you do to keep deer from making a banquet of your garden?

Deer predation of garden plants has become an increasing problem. One issue is that deer populations in suburban areas have been squeezed into smaller foraging areas, thereby shrinking their food supply. Suburban deer also don't have natural predators, so their numbers are higher. High populations and short food supply lead hungry deer to your garden smorgasbord.

About the only guaranteed way to prevent deer from eating through your garden is fencing. Remember that deer can leap a six-foot fence, so many common chain-link fences will not deter them. If fencing isn't practical for you, you may want to try netted deer fencing that can keep them out of your vegetable garden provided it's tall enough. You may also try a motion-activated sprinkler or perhaps a barking dog to scare them away. Hanging pie tins and other shiny objects may scare them away initially, but they wise up to them quickly.

You may also be able to deter deer through smell, texture, toxicity and taste. Deer bypass fragrant herbs like lavender, basil, rosemary, catmint and sage. Plant these in and around your vegetables to disguise your luscious lettuce and tempting tomatoes. Deer don't like fuzzy, thorny and rough-textured plants like barberry, spirea, lambs' ear and ornamental grasses because they are not palatable. These might be better choices for outlying landscape gardens. Poisonous plants are off the menu as well. Deer won't eat daffodils, foxgloves, poppies, and a few other toxic lovelies but delight in daylilies and

hosta. When it comes to taste, deer generally don't like anything with a bitter or medicinal taste, but if food is short, they will eat them. You can spray some of their favorite plants with pepper spray, but they may still take a bite or two before turning away. There are assorted sprays that use smell and taste to keep deer at bay, but remember those wash off in the rain and must be reapplied regularly.

The long and the short of it is that there are very few "deer proof" plants, but there are many that are low on their list. Choosing the right plants can make for a nice deer-resistant garden. To learn more about deer-resistant plants, visit the Plant Science Center at Lake Metroparks Farmpark.



Deer tend to stay away from peonies because of their strong taste as well as lambs' ear because of the rough texture.



Fencing is an almost guaranteed way to prevent deer from eating through your garden.

Deer-resistant plant ideas for your garden:

- Barberry
- Basil
- Brunnera
- Catmint
- Daffodil
- Foxglove
- Iris
- Lambs' ear
- Lavender
- Marigold
- Ornamental grasses
- Peony
- Poppy
- Rose
- Rosemary
- Sage
- Spiraea



Fragrant marigold

Iris

Jack Frost brunnera

You may also be able to deter deer through smell, texture, toxicity and taste. These are some examples of deer-resistant plants, although deer will taste/eat almost anything if hungry enough.



KEVIN VAIL



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